

# NEWSLETTER



## JULY TEST RESULTS

Small test this month, but high quality! Some of the performances were exceptional and certainly deserving of their ranks. Even the etiquette was elevated. Great job.

Congratulations to everyone on their new ranks!

### *Yellow Belt*

**John Kalinin  
Prabdeep Dhaliwal**

### *Green Belt*

**Drake DiVozzo  
Morgan Wrobel**

### *Blue Belt*

**Evan Pezanowski**

### *Red Belt*

**Kate Pawlowicz**

## Words of Wisdom



Even if you're on the right track, you'll get run over if you just sit there.

## A Tale of Two Frogs

A group of frogs were traveling through the woods, and two of them fell into a deep pit. When the other frogs saw how deep the pit was, they told the two frogs that they were as good as dead. The two frogs ignored the comments and tried to jump up out of the pit with all their might. The other frogs kept telling them to stop, that they were as good as dead. Finally, one of the frogs took heed to what the other frogs were saying and gave up. He fell down and died.

The other frog continued to jump as hard as he could. Once again, the crowd of frogs yelled at him to stop the pain and just die. He jumped even harder and finally made it out. When he got out, the other frogs said, "Did you not hear us?" The frog explained to them that he was deaf. He thought they were encouraging him the entire time.

This story teaches two lessons:

1. There is power of life and death in the tongue. An encouraging word to someone who is down can lift them up and help them make it through the day.



2. A destructive word to someone who is down can be what it takes to kill them.

Be careful of what you say. Speak life to those who cross your path. The power of words... it is sometimes hard to understand that an encouraging word can go such a long way. Anyone can speak words that tend to rob another of the spirit to continue in difficult times. Special is the individual who will take the time to encourage another.

# K Community

## Birthdays this month:

Whaddia know! No birthdays this month!

*Please provide the office with details on any item you'd like to have included in our monthly newsletter.*

## S.M.A.R.T. RESOURCES

### 3D Heating & Cooling

Derek 586.532.1266

### Auto Repair

Molly Metz 586.323.4290

### Cement, Ready Mix

Steve Smith 586.731.1250

### Dance Instruction

Pauline Gatt 248.515.6777

### Embroidery & Alterations

Michelle Schoenek 586.997.4812

### Financial Planning

David Smolarek 248.498.4821

### Plumbing

Len Pezanowski 586.948.2822

### Scrapbooking & Photo Organization

Susan Marsh 586.719.3131

### Telecommunications

Jim Gatt 248.670.5004

### Web Development & Advertising

Tom Makowski 248.244.8822

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## Master K Demonstration

Master K's of Shelby, Sterling Heights, and New Baltimore put on a great demonstration at the Perch Festival in Ira Township on Sunday, July 19th.

It was a great turnout and everyone that participated looked to have a great time too. Thank you everyone for helping make it a wonderful success. Photos will be posted online soon.

## New Web Site Launched

The Graphics Department, Inc. has designed a new internet site for Shelby Martial Arts and Reality-based Training! It's re-design was prompted by a need to update the overall look and to make it a simple matter to keep current with news and events. Many thanks to a wonderful company did such a fine job for us.

Take a new look at [masterkshelby.com](http://masterkshelby.com). Other areas are planned to be included, such as a student area to answer questions on boards, testing, tuition, etc. As always, we welcome any comments and suggestions. It's as much your site as ours.

Here's a sneak peek:



## PICNIC WAS GREAT

We had about 100 people that showed up to eat very well, play lots of games, and get very very wet. The weather held out so nicely for everyone. Thank you to everyone that pitched in to help pull off a great time. Online photos coming soon.

Special thanks to **Machelle Fitzpatrick**. Her coordination and planning was crucial proved priceless. If you had a great time - thank Machelle!

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**NEXT TEST  
TO BE HELD ON  
August 9th, 2009**

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## Wednesday 7:15 pm Class Schedules

July	01	Bo Staff
July	08	Aiki Jujitsu
July	15	Kali Sticks
July	22	Aiki Jujitsu
July	29	Open Training
August	05	Bo Staff
August	12	Aiki Jujitsu
August	19	Kali Sticks
August	26	Aiki Jujitsu
September	02	Bo Staff
September	09	Aiki Jujitsu
September	16	Kali Sticks
September	23	Aiki Jujitsu
September	30	Open Training