



AUGUST '09

NEWSLETTER

AUGUST TEST RESULTS

This month's test was a rather special one. As you can see, there were quite a few high ranks achieved. It makes the school very proud indeed.

Congratulations to everyone on their new ranks!

White Belt w/ Yellow Stripe
Jack Vons

Purple Belt w/ Green Stripe
Andrew Fergan
George Larsen
Nikolas Selk

Green Belt
Kyle Johnson
Kyle Pezanowski

Red Belt
Constantin Lacraru
Mathew Wagner

Red Belt w/ Black Stripe
Kim Pawlowicz

Red Belt w/ Two Black Stripes
Christina Castellana

WORDS of WISDOM

We make a "living"
by what we get.



We make a "life"
by what we give.

LESSONS OF THE MOUNTAIN

"A son and his father were walking on the mountains.

Suddenly, his son falls, hurts himself and screams: "AAAhhhhh!!!"

To his surprise, he hears the voice repeating, somewhere in the mountain: "AAAhhhhh!!!"

Curious, he yells: "Who are you?"

He receives the answer: "Who are you?"

And then he screams to the mountain: "I admire you!"

The voice answers: "I admire you!"

Angered at the response, he screams: "Coward!"

He receives the answer: "Coward!"

He looks to his father and asks: "What's going on?"

The father smiles and says: "My son, pay attention."

Again the man screams: "You are a champion!"

The voice answers: "You are a champion!"

The boy is surprised, but does not understand.

Then the father explains: "People call this ECHO, but really this is LIFE. It gives you back everything you say or do.

Our life is simply a reflection of our actions. If you want more love in the world, create more love in your heart. If you want more competence in your team, improve your competence. This relationship applies to everything, in all aspects of life;

Life will give you back everything you have given to it."

YOUR LIFE IS NOT A COINCIDENCE.

IT'S A REFLECTION OF YOU!



K Community

Birthdays this month:

Nichole Clinard August 08
Ryan Siegle August 10

S.M.A.R.T. RESOURCES

3D Heating & Cooling

Derek 586.532.1266

Auto Repair

Molly Metz 586.323.4290

Cement, Ready Mix

Steve Smith 586.731.1250

Dance Instruction

Pauline Gatt 248.515.6777

Embroidery & Alterations

Michelle Schoenek 586.997.4812

Financial Planning

David Smolarek 248.498.4821

House Cleaning

Theresa Wiese 586.803.3034

Plumbing

Len Pezanowski 586.948.2822

Scrapbooking & Photo Organization

Susan Marsh 586.719.3131

Telecommunications

Jim Gatt 248.670.5004

Watkins Products

Machelle Fitzpatrick 586.948.2822

Web Development & Advertising

Tom Makowski 248.244.8822

NEW WEB SITE IS LIVE

The new and improved S.M.A.R.T. Web site is finally live! Take a peek and let us know what you think. The site is intended to be dynamic, with frequent updates and new areas. Check back often!



masterkshelby.com

KARATE CAMP 2009 WAS AWESOME!

The amount of learning, improvement, sweat, and laughs made the 2009 Karate Camp simply awesome. It will be tough to beat it next year - but we will! :-) Check the new Web site for photos.

Novice Camp Records: N=Novice Camp, A= Advanced Camp

Obstacle Course Best Times:

Female: Amanda Sosnowski (N) ~ 34 seconds

Male: Eric Anderson (N), George Larsen (N), Wilson Lombard (N) ~ tied at 38 seconds

Female: Courtney Sturza (A) ~ 30 seconds

Male: Mathew Wagner (A) ~ 30 seconds

Most Improved Obstacle Course Times:

Female: Ashley Wiechowski (N) ~ 7 second improvement

Male: Zachary Perlstein (N) and Casey Sylvester (N) ~ tied at 6 second improvement

Female: Mikaila Koenigbauer (A) ~ 8 second improvement

Male: Matthew Fitzpatrick (A) ~ 7 second improvement

Wall Chair

Amanda Sosnowski (N) ~ 15 minutes 7 seconds

Mikaila Koenigbauer (A), Zachary Pickell (A) ~ tied at 15 minutes 8 seconds

20 person push-up (N) ~ 15 seconds

22 person push-up (A) ~ 8 seconds

SENSEI SENSEI

Students and parents,

The August test was a big event for the Shelby school as two of our fine instructors were promoted to 2nd Degree Black Belt. Both Tom Makowski and Tom Hojnacki received their certificates from Master K on August 9th, 2009.

Their tireless work ethic and never-give-up attitude serve as an inspiration to us all. It has been my privilege to work with them as an instructor and as a partner – both have helped me prepare for my tests in the past. Both men are willing to help others and can often be found working with the students during our adult classes. They are undoubtedly deserving of their new rank.

Please join me in congratulating them both on a job well-done!

Congratulations Sensei Thomas Makowski and Sensei Thomas Hojnacki!
Sincerely, Sensei William M. Dembicki

**NEXT TEST
TO BE HELD ON
September 13th, 2009**

Wednesday 7:15 pm Classes

September 02	Bo Staff
September 09	Aiki Jujitsu
September 16	Kali Sticks
September 23	Aiki Jujitsu
September 30	Open Training